



We offer
organic
&
non
gmo



We offer
Homemade
Mango Lassi
& Vegan
Cakes

Serving great vegetarian meals in Tucson for 34 years

February 2026

* non dairy
+ wheat free

We do catering
call Kul
520-891-8083



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Sunday Brunch Pancakes, Scrambled Tofu, Fruit Salads, Home Frys & more	2 	3 A taste of India Indian Cuisine Curries, Poories, Chutneys, Salads, Raitas & more	4 Green Beans, Loki Squash & Tofu*+ Mock Crab Cakes & Ranch *+	5 Broccoli, Cauliflowes & Tempeh*+ Vegetable Croquettes*+ (Kofta) Kofta - Vegetable	6 Mung Bean Patties & Veggies *+ Enchilada Casserole*+	7 Cabbage, Carrot & Fresh Cheese+ Vegetable Lasagna*+
8 Sunday Brunch Pancakes, Scrambled Tofu, Fruit Salads, Home Frys & more	9 	10 A taste of India Indian Cuisine Curries, Poories, Chutneys, Salads, Raitas & more	11 Jackfruit, Peas, Tomato & Tofu*+ Tex Mex Seitan Fajitas*	12 Broccoli, Taro Root & Almonds*+ Lentil Croquettes in Sesame Gravy*+	13 Chickpea Squares in Savory Sauce*+ Eggplant Parmesan*+	14 Spinach & Fresh Cheese+ Savory Nut Loaf*+
15 Sunday Brunch Shiva Ratri Festival 5:30 to 8 pm Everyone Welcome	16 	17 A taste of India Indian Cuisine Curries, Poories, Chutneys, Salads, Raitas & more	18 Broccoli, Green Beans & Tempeh*+ Bar-B-Que Tofu*+	19 Cauliflower, Snap Pea & Cashews*+ Potato Quesadillas* & Salsa*+	20 Manchurian Vege Balls *+ Spinach Filo*	21 Broccoli, Almond & Fresh Cheese+ Veggie Stuffed Shells*
22 Sunday Brunch Pancakes, Scrambled Tofu, Fruit Salads, Home Frys & more	23 Feeding the homeless in Tucson's Southside Join us at 7 am	24 A taste of India Indian Cuisine Curries, Poories, Chutneys, Salads, Raitas & more	25 Vegan Veggies & Edamame*+ Thai Chili Tofu*	26 Cauliflower, Carrot in Soy Creme*+ Sloppy Joe's *	27 Stir Fry Broccoli, Carrot, Chestnuts & Cashews*+ Vegetable Croquettes*+	28 Vegetarian Stroganoff & Fresh Cheese+ Veggie Cutlets & Chutney*+

Next Major Festival
Shiva Ratri

Sunday, Feb 15th 5:30 to 8 pm
Live Music, Indian Dance, Temple
Ceremonies, Kid's Activities & Free Feast



Welcome Gem &
Mineral Show
visitors to Tucson.



**Weds,
Thursday
& Friday
are 100%
Vegan**

Govinda's Natural Foods - 520-792-0630 or visit us www.GovindasOfTucson.com