

January 2023 ISKCON of Arizona Newsletter



Expanding the turtle population
in the Koi pond.

Best January Days for Meditation and Fasting



New Year's Day Fire Ceremony

Sunday, January 1st
10:30 to 11:30 am

Putrada Ekadasi

Monday, January 2nd
(fasting from grains & beans)

Purnima - Full Moon

Friday, January 6th

Sat-tila Ekadasi

Tuesday, January 17th
(fasting from grains & beans)

Bhaimi Ekadasi

Tuesday, January 31st
(fasting from grains & beans)

Sharing Knowledge



Greetings & Namaste,

Just to the right of this column, we always list the month's best days for meditation and fasting. They usually include two days called Ekadasi, which falls eleven days after the full moon and eleven days after the new moon.

But this month you'll notice we have **three** Ekadasis--in other words, a spiritual bonus! India's sages say Ekadasi is a great day to deepen one's spirituality. Plus you may see some surprises at our buffet.

So check us out this month, blessed with three Ekadasis. That only happens once in a blue moon.

Yours in service,
Sandamini Devi
sandamini108@gmail.com



Happy New Year to all



Many of Govinda's guests happily receive Srila Prabhupada's books.

Recent Activities



Hridayananda Maharaja Visits Tucson

Scholar, author, spiritual master, and traveling monk Hridayananda Maharaja visited our community in early December, blessing us with two classes plus a home program at Divya & Damodara's house nearby.

Whenever Maharaja



Devotees Participate in the 4th Ave. Street Fair

In the spring and fall, Tucson goes all out to put on a great street fair, where hundreds of artisans show their wares to tens of thousands of attendees---and we are right in the middle of it.



Feeding the Houseless in Tucson for Ten Years

For ten years now, our temple community has been feeding the houseless every third Monday of the month at the Southside Presbyterian Church's Crossroads Mission.

visits, he challenges us to think more deeply about a wide variety of subjects. He was on his way to Gainesville, Florida, where he recently purchased a manor house for the Bhaktivedanta Institute, the scientific branch of our Krishna consciousness movement.

Dancing and chanting our way through the crowds, we bring joy to the tired shoppers by helping them glimpse a higher happiness. We're already looking forward to the spring fair in April 2023.

Hot or cold, rain or shine, we prepare a fresh, six-course feast and personally serve it to the needy at 7:30 am. Anyone is welcome to help us cook or serve, or join the melodic chanting we bring to create a joyful spiritual mood.



Join us at Govinda's for a New Year's Vegan Meal - Open Noon to 5 pm.

Organic Bar B Q Seitan, Nut & Veggie Loaf
Vegetable Chow Mein, Rainbow Chard with Organic
Tempeh, Mashed Potato & Cashew Gravy
Vegetable Bean Soup & Basmati Rice
Dinner Rolls, Black Forest Cake
Chocolate Almond Mousse & Salad Bar
\$19.99 for Adults, \$9.99 for kids 4-12 yrs

No reservations necessary!



Join us for a New Year's Nava Graha Ceremony (Honoring the 9 Planets)

To usher in 2023 with peace, fortune, abundance, and divine well-being, join us Sunday, New Year's Day, from 10:30 to 11:30 am for this sacred fire ceremony. Sponsors who donate \$21 or more will receive a front-row seat.

DONATE HERE



Sunday Feast Sponsorship

Sponsoring our Sunday feasts is a wonderful way to receive the blessings of Sri

Feeding guests *prasadam*
(food offered to God)
benefits everyone!



Sri Gaura Nitai. Your sponsorship may honor a loved one, mark a birthday, an anniversary, or some other special occasion. To make an offering, use the link below to identify who or what you're honoring plus the date of your sponsorship. Your donation is tax deductible.

[Click Here To Sponsor
the Sunday Feast](#)

The Sunday Feast & Festival



Join us each Sunday for an evening of musical meditation, topical philosophy, an ancient worship ceremony, and an 8-course vegetarian feast.

ALL FREE!

5:30 pm - Bhajans

6 pm - Topical talk

6:30 pm - Worship ceremony

7 pm - Announcements

7:10 pm - Feast



January Sunday Talk Lineup

Jan. 1st - No talk on New Year's;
Govinda's open noon to 5 pm.

Jan. 8th - Suresvara Prabhu

Jan. 15th - Kirtan Yajna Prabhu

Jan. 22nd - Ganga Mantri Prabhu

Jan 29th - Dhiro Datta Prabhu

Support Your Temple

Maintain Your Temple with a Monthly Tithe



"The question is not how much of our money we should give to God, but how much of God's money we should keep for ourselves."

Your tithing dollars help maintain your temple and pay regular monthly expenses:

- electric
- gas
- water
- bhoga expenses
- flowers
- yard maintenance

When you come to the temple any day of any week and see the beautiful darshan, the refreshing gardens, breakfast, lunch, and feast prasad, understand that this is possible because of our generous regular monthly tithing donors.

It is your privilege and responsibility to support Krishna's temple. Become a tither today. Choose an amount you feel comfortable giving each month.

**Set up your monthly contribution at [Pledge 2023!](#)
Or give a one-time donation through [PayPal HERE.](#)**

If you are not in a position to become a sustaining member, a one-time donation is also a big help. All donations are much appreciated and are tax deductible!

Assisted Living Update



Krishna's Home News Update

Please take a look at our latest **one-page January newsletter** to see the home's progress and the steps being taken to finish the construction. Click [HERE](#) to read.



The interior is finished. Wi-Fi has been installed for continuous kirtan, classes, and seminars, which will be broadcast in each room.

There will be a temple room, a quiet japa area, and landscaped grounds for exercise and honoring prasadam.

All donations to the project are tax-deductible!



Welcome Gem Show & Winter Visitors! Govinda's Self-serve All-You-Care-To-Eat Hours:



Lunch - Wednesday through Saturday

11:30 am to 2:30 pm

Dinner - Tuesday through Saturday

5 pm to 8 pm

Sunday Brunch - 11 am to 2:30 pm

Closed Mondays

Check out our web site at
www.GovindasOfTucson.com

January 2023

We offer Homemade Mango Lassi & Vegan Cakes We offer Organic & Non GMO and no pre-packaged food

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Serving great vegetarian & vegan meals in Tucson for 30 years!		Our Next Festival is Maha Shiva Ratri Sunday, February 19th 5 to 8 pm Live music, Indian Dance, Kids Activities, Temple Ceremonies & Free Feast. Everyone Welcome				
Sunday Brunch Pancakes, Scrambled Tofu, Home Pys, Fruit Salad & more	Closed	A taste of India Indian cuisine curries, dahi, chutneys, salads, raitas & more	Cabbage, Corn & Black Bean Black Bean & Tom Bungalow	Beetroot, Cauliflower, Cabbage & Coconut Curry Rajma, Cucumber & Tofu	Green Bean, Taro Root & Tempeh Vegan Veggie Pizza	Cauliflower, Rice & Fresh Cheese Veggie Stuffed Dates
Sunday Brunch Pancakes, Scrambled Tofu, Home Pys, Fruit Salad & more	Closed	A taste of India Indian cuisine curries, dahi, chutneys, salads, raitas & more	30 Fry Bread & Biryani Lentil Chutney in Cashew Sauce	Avocado, Salmon, and 14 Veggie Chickpea of the Tree & Bread Salad	Cauliflower, Carrot, Pea & Soy-Corn Vegetable Panmasser	Beetroot, Carrot, Almond & Fresh Cheese Peanut Cakes & Chutney
Sunday Brunch Pancakes, Scrambled Tofu, Home Pys, Fruit Salad & more	Feeding the Neighbors in Tucson's Southside Church, Join us at 7 am	A taste of India Indian cuisine curries, dahi, chutneys, salads, raitas & more	Mushroom Veggie Rajma & Chutney	Cauliflower, Carrot, Cabbage & Coconut Curry Shrimp Tofu	Mung Bean Panmasser Veggie	Bengal Eggplant Panmasser
Sunday Brunch Pancakes, Scrambled Tofu, Home Pys, Fruit Salad & more	Closed	A taste of India Indian cuisine curries, dahi, chutneys, salads, raitas & more	Chickpea Squares in Sassy Gravy Veggie Chutney in Buffalo	Green Bean, Cauliflower & Tempeh Veggie Millet Lassi	Peas, Tomato & Organic Tofu Spinach Fry	Spinach & Fresh Cheese Eggplant Curry
Sunday Brunch Pancakes, Scrambled Tofu, Home Pys, Fruit Salad & more	Closed	A taste of India Indian cuisine curries, dahi, chutneys, salads, raitas & more	Welcome Gem Show & Winter Visitors		Three Vegan Days Wed, Thurs, & Friday are 100% Vegan Top menu item is daily veg & bottom is evening entree	

Govindas Natural Foods • 520-792-0650 or visit us www.GovindasOfTucson.com Wheat Free + Vegan

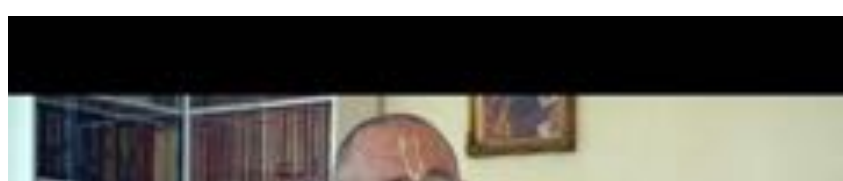


Many thanks to all our donors & volunteers who steadily help at the temple each week. You contribute so much by your presence and service. Thank you Sunil, Damayanti, Lila, Yogi Devi, Madhav Michael & Madhav. Way to go!!!



Income/expense Tracker: Please [click](#) to view our temple financial statement for the month of November 2022.

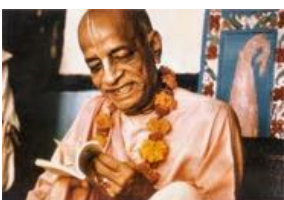
Check out this video by Sivarama Swami, "This is What Life Is About."





Authentic Indian Cuisine Catering!

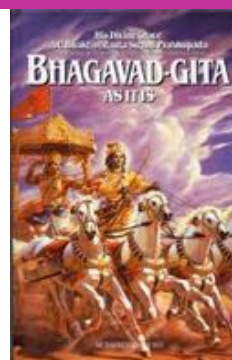
All varieties and quantities of Indian foods for parties, dinners, weddings, and banquets. All main Indian dishes cooked by Master Chef Kul Sharma.
520-891-8083



"Most people in India are still inclined to bathe in the Ganges, and there are many places where they can do so. At Prayāga (Allahabad), many thousands of people gather during the month of January to bathe in the confluence of the Ganges and Yamunā."
(From Srila Prabhupada's purport to SB 5.17.9)

From Srila Prabhupada's *Bhagavad Gita As It Is*...

"According to Vedic injunction, one has to take his bath early in the morning even during the month of Māgha (January-February). It is very cold at that time, but in spite of that a man who abides by the religious principles does not hesitate to take his bath.
(From Srila Prabhupada's purport to Bg 2.14)



[Visit the website](#)

Homas, Pujas & Blessings

Perform a sacred ceremony...

We have a monthly first Saturday homa. Join us at 9:30 am at the Shiva Temple.



Have your home, car, business, or family blessed and protected with the help and guidance of our experienced temple priest, Kirtan Yajna Prabhu. You may call him at (520) 288-1775, or email pkeshavraj@gmail.com.



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