



Three Vegan
Days
Weds, Thurs.
& Friday are
100% Vegan



Homemade
Mango Lassi &
Vegan Cakes

Serving great vegetarian meals in Tucson for 33 years

October 2025

* non dairy
+ wheat free

We do catering-
order today!
call Kul
520-891-8083



Sun

Mon

Tue

Wed

Thu

Fri

Sat

Celebrate Diwali - The Festival of Lights

Sunday, October 19th 5 to 8 pm
Indian Dance, Live Music, Drama,
Temple Ceremonies, Kids Activities
& Free Feast.



5 Sunday Brunch Pancakes, Scrambled Tofu, Fruit Salads, Home Frys & more	6 	7 A taste of India Indian Cuisine Curries, Poories, Chutneys, Salads, Raitas & more	8 Rattatuille Fall braised Vegetables*+ Mock Crab Cakes & Ranch*	9 Cauliflower & Peas in Soy Gravy*+ Lentil Croquettes in Tomato Broth*+	10 Jackfruit, Taro Root with Almonds*+ Vege & Tofu Manicotti*	11 Spinach & Fresh Cheese+ Savory Nut Loaf*+
12 Sunday Brunch Pancakes, Scrambled Tofu, Fruit Salads, Home Frys & more	13 	14 A taste of India Indian Cuisine Curries, Poories, Chutneys, Salads, Raitas & more	15 Stir Fry Broccoli, Bamboo Shoots & Tofu*+ Veggie Burgers*	16 Green Beans, Cauliflower & Tempeh*+ Potato Quesadillas*	17 Chickpea Squares in Savory Sauce*+ Vege Cutlets & Chutney*+	18 Cauliflower, Carrots & Fresh Cheese+ Veggie Stuffed Shells+
19 Sunday Brunch Diwali Festival 5 to 8 pm 	20 Feeding the homeless in Tucson's Southside. Join us at 7 am	21 A taste of India Indian Cuisine Curries, Poories, Chutneys, Salads, Raitas & more	22 Broccoli, Potatoes & Tofu*+ Tex-Mex Fajitas & Tortillas*	23 Taro Root, Cauliflower & Almonds*+ Tofu Sticks & Tarter Sauce*	24 Mung Beans Croquettes & Veggies *+ Eggplant Parmesan*+	25 Vegetable Stroganoff+ Enchilada Casserole*+
26 Sunday Brunch Pancakes, Scrambled Tofu, Fruit Salads, Home Frys & more	27 	28 A taste of India Indian Cuisine Curries, Poories, Chutneys, Salads, Raitas & more	29 Jack Fruit, Green Beans & Tofu*+ Build Your Own Tacos*	30 Vegan Veggies & Edamame*+ Vegetable Croquettes*+ (Kofta)	31 Green Beans, Broccoli & Tempeh*+ Vegetable Lasagna*	31 Broccoli, Carrot, Almond & Fresh Cheese+ Spinach Filo**
26 Sunday Brunch Pancakes, Scrambled Tofu, Fruit Salads, Home Frys & more	27 	28 A taste of India Indian Cuisine Curries, Poories, Chutneys, Salads, Raitas & more	29 Stir Fry Broccoli, Baby Corn & Pineapple*+ Thai Chili Tofu*	30 Cauliflower, Snap Peas, Cashews in Coconut Creme*+ New Vege Kabobs*	31 Peas, Tomato & Tofu*+ Fritters & Chutney*+	Join us at the All Souls Parade and Rathayatra on Nov 2nd. South Tucson

